

HOW TO WATCH

2021 Pac-12 Track & Field Championships

MEN'S EVENTS SCHEDULE

Date	Time (PT)	Event	How to Watch
Fri., May 14	10 a.m.	Men's Hammer Throw Final	Pac-12.com, the Pac-12 Now app
	4:30 p.m.	Men's Javelin Throw Final	Pac-12.com, the Pac-12 Now app
Sat., May 15	4:30 p.m.	Men's High Jump Final	Pac-12.com, the Pac-12 Now app
	4:30 p.m.	Men's Shot Put Final	Pac-12.com, the Pac-12 Now app
Sun., May 16	6 p.m.	Men's Long Jump Final	Pac-12.com, the Pac-12 Now app
	1:15 p.m.	Men's Discus Throw Final	Pac-12.com, the Pac-12 Now app
	2 p.m.	Men's Triple Jump Final	Pac-12.com, the Pac-12 Now app
	3 p.m.	Men's 4x100 Meter Relay Final	Pac-12 Network, the Pac-12 Now app, Pac-12.com
	3:20 p.m.	Men's 1500 Meters Final	Pac-12 Network, the Pac-12 Now app, Pac-12.com
	3:30 p.m.	Men's Pole Vault Final	Pac-12.com, the Pac-12 Now app
	3:40 p.m.	Men's 110 Meter Hurdles Final	Pac-12 Network, the Pac-12 Now app, Pac-12.com
	4 p.m.	Men's 400 Meters Final	Pac-12 Network, the Pac-12 Now app, Pac-12.com
	4:20 p.m.	Men's 100 Meters Final	Pac-12 Network, the Pac-12 Now app, Pac-12.com
	4:30 p.m.	Men's 800 Meters Final	Pac-12 Network, the Pac-12 Now app, Pac-12.com
	4:50 p.m.	Men's 400 Meter Hurdles Final	Pac-12 Network, the Pac-12 Now app, Pac-12.com
	5:10 p.m.	Men's 200 Meters Final	Pac-12 Network, the Pac-12 Now app, Pac-12.com
	5:30 p.m.	Men's 5000 Meters Final	Pac-12 Network, the Pac-12 Now app, Pac-12.com
	6:10 p.m.	Men's 4x400 Meter Relay Final	Pac-12 Network, the Pac-12 Now app, Pac-12.com

*Schedule subject to change, live results can be found at Pac-12.com/TFchamps

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HIGHLIGHTS, RECAPS AND ADDITIONAL COVERAGE



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HOW TO WATCH

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WOMEN'S EVENTS SCHEDULE

Date	Time (PT)	Event	How to Watch
Fri., May 14	12:30 p.m.	Women's Hammer Throw Final	Pac-12.com, the Pac-12 Now app
	6:15 p.m.	Women's Javelin Throw Final	Pac-12.com, the Pac-12 Now app
Sat., May 15	3:30 p.m.	Women's Long Jump Final	Pac-12.com, the Pac-12 Now app
	6:15 p.m.	Women's Pole Vault Final	Pac-12.com, the Pac-12 Now app
	6:30 p.m.	Women's Shot Put Final	Pac-12.com, the Pac-12 Now app
Sun., May 16	2:30 p.m.	Women's High Jump Final	Pac-12.com, the Pac-12 Now app
	3:10 p.m.	Women's 4x100 Meter Relay Final	Pac-12 Network, the Pac-12 Now app, Pac-12.com
	3:30 p.m.	Women's 1500 Meters Final	Pac-12 Network, the Pac-12 Now app, Pac-12.com
	3:50 p.m.	Women's 100 Meter Hurdles Final	Pac-12 Network, the Pac-12 Now app, Pac-12.com
	4 p.m.	Women's Discus Throw Final	Pac-12.com, the Pac-12 Now app
	4 p.m.	Women's Triple Jump Final	Pac-12.com, the Pac-12 Now app
	4:10 p.m.	Women's 400 Meters Final	Pac-12 Network, the Pac-12 Now app, Pac-12.com
	4:25 p.m.	Women's 100 Meters Final	Pac-12 Network, the Pac-12 Now app, Pac-12.com
	4:40 p.m.	Women's 800 Meters Final	Pac-12 Network, the Pac-12 Now app, Pac-12.com
	5:00 p.m.	Women's 400 Meter Hurdles Final	Pac-12 Network, the Pac-12 Now app, Pac-12.com
	5:20 p.m.	Women's 200 Meters Final	Pac-12 Network, the Pac-12 Now app, Pac-12.com
	5:50 p.m.	Women's 5000 Meters Final	Pac-12 Network, the Pac-12 Now app, Pac-12.com
	6:25 p.m.	Women's 4x400 Meter Relay Final	Pac-12 Network, the Pac-12 Now app, Pac-12.com

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