



2021 PAC-12 CONFERENCE MEN'S AND WOMEN'S OUTDOOR TRACK & FIELD CHAMPIONSHIPS

(Men: 90th Edition - Women: 34th Edition)

Friday-Sunday, May 14-16, Katherine B. Loker Stadium
University of Southern California, Los Angeles, Calif.

RUNNING EVENTS

Friday, May 14

4:30 PM	M	1,500 Meters	Prelims
4:45 PM	W	1,500 Meters	Prelims
5:00 PM	M	200 Meters	Prelims
5:15 PM	W	200 Meters	Prelims
5:30 PM	M	400 Meter Hurdles	Prelims
5:45 PM	W	400 Meter Hurdles	Prelims
7:00 PM	M	10,000 Meters	Final
7:45 PM	W	10,000 Meters	Final

Saturday, May 15

4:00 PM	M	110 Meter Hurdles	Prelims
4:15 PM	W	100 Meter Hurdles	Prelims
4:30 PM	M	800 Meters	Prelims
4:45 PM	W	800 Meters	Prelims
5:25 PM	M	400 Meters	Prelims
5:40 PM	W	400 Meters	Prelims
6:00 PM	M	100 Meters	Prelims
6:15 PM	W	100 Meters	Prelims
6:30 PM	M	3,000 Meter Steeplechase	Final
7:10 PM	W	3,000 Meter Steeplechase	Final

Sunday, May 16

2:50 PM		National Anthem	
3:00 PM	M	4x100 Meter Relay *	Final
3:10 PM	W	4x100 Meter Relay *	Final
3:20 PM	M	1,500 Meters	Final
3:30 PM	W	1,500 Meters	Final
3:40 PM	M	110 Meter Hurdles	Final
3:50 PM	W	100 Meter Hurdles	Final
4:00 PM	M	400 Meters	Final
4:10 PM	W	400 Meters	Final
4:20 PM	M	100 Meters	Final
4:25 PM	W	100 Meters	Final
4:30 PM	M	800 Meters	Final
4:40 PM	W	800 Meters	Final
4:50 PM	M	400 Meter Hurdles	Final
5:00 PM	W	400 Meter Hurdles	Final
5:10 PM	M	200 Meters	Final
5:20 PM	W	200 Meters	Final
5:30 PM	M	5,000 Meters	Final
5:50 PM	W	5,000 Meters	Final
6:10 PM	M	4x400 Meter Relay *	Final
6:25 PM	W	4x400 Meter Relay *	Final
6:40 PM		Awards Presentation	

* Heats by time

FIELD EVENTS

Friday, May 14

10:00 AM	M	Hammer	Final
12:30 PM	W	Hammer	Final
4:30 PM	M	Javelin	Final
6:00 PM	W	Javelin	Final

Saturday, May 15

3:30 PM	W	Long Jump	Final
4:30 PM	M	High Jump	Final
4:30 PM	M	Shot Put	Final
6:00 PM	M	Long Jump	Final
6:15 PM	W	Pole Vault	Final
6:30 PM	W	Shot Put	Final

Sunday, May 16

1:15 PM	M	Discus	Final
2:00 PM	M	Triple Jump	Final
2:30 PM	W	High Jump	Final
3:30 PM	M	Pole Vault	Final
4:00 PM	W	Discus	Final
4:00 PM	W	Triple Jump	Final

DECATHLON

Friday, May 14

2:00 PM	M	100 Meters
2:45 PM	M	Long Jump
4:00 PM	M	Shot Put
5:00 PM	M	High Jump
6:45 PM	M	400 Meters

Saturday, May 15

1:00 PM	M	100 Meter Hurdles
1:45 PM	M	Discus
3:00 PM	M	Pole Vault
5:45 PM	M	Javelin
6:45 PM	M	1,500 Meters

HEPTATHLON

Friday, May 14

2:30 PM	W	100 Meter Hurdles
3:30 PM	W	High Jump
5:15 PM	W	Shot Put
6:30 PM	W	200 Meters

Saturday, May 15

2:00 PM	W	Long Jump
3:30 PM	W	Javelin
5:15 PM	W	800 Meters