# Mental Health Awareness Month

## WEEK ONE

DATE	DAILY THEME	FOCUS	STORY TIME BOOK TITLE	ACTIVITIES	ACTIVITY LOCATION	PROMOTIONAL TACO
SAT, MAY 1	Missy (designs, set up, content creation).					
MON, MAY 3	"spot your Feelings"	Children's MHA	A Little Spot of Belonging A Little Spot of Confidence A Little Spot of Optimism A Little Spot Anger A Little Spot of Anxiety	SCHEDULED STORY TIME O 1:30 p.m. at SRT Shop O Activity for Kids: write down a feeling you have on a spot, with your name. Will be displayed in store. O Backdrop/Picture	SRT Shop	SPOT the Feels Taco*
TUE, MAY 4						
WED, MAY 5	"Waves of Emotion"	Children's MHA	The Friendly Shark	SCHEDULED STORY TIME O 1:30 p.m. at SRT Shop O Water Activity for Kids O Backdrop/Picture	SRT Shop	SHARPY the Shark Taco* MINDFUL the Mermaid Taco*
THUR, MAY 6						
FRI, MAY 7	"Supportive Super Hero"	Children's MHA	Kindness is My Super Power Empathy is Your Super Power My Strong Mind I Wish You Happiness I Am Stronger Than My Anxiety	SCHEDULED STORY TIME O 1:30 p.m. at SRT Shop O Activity: Write down name of your SUPPORTIVE Super Hero (name/email/ph#) for drawing to win SUPER HERO PRIZE. O Backdrop/Picture	SRT Shop	SUPPORT the Super Hero Taco*
SAT, MAY 8	"80's for the Ladies"	Women's MHA		Staff dress up all day in 80's. Customers who dress up will put receipt with name & email into drawing bucket for chance to win a "giveaway basket"	SRT Shop	80's themed Taco (add name) Drawings to enter Women's Gift Basket



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## WEEK TWO

DATE	DAILY THEME	FOCUS	STORY TIME BOOK TITLE	ACTIVITIES	ACTIVITY LOCAITON	PROMOTIONAL TACO
MON, MAY 10	"UpliLt LiLe's Magic"	Children's MHA	My Magical Gifts Unicorn Day	SCHEDULED STORY TIME O 1:30 p.m. at SRT Shop O Backdrop/Picture	SRT Shop	UPLIFT the Unicorn Taco*
TUE, MAY 11	"I AM Light"	Wellness & Self-care, Fitness, Yoga	NOTE: Walk the Gateway Tue 7:00 p.m. Meet at Sweet Rolled Tacos in front of store. Bring some form of light to walk with, ex: lantern, glow stick, etc	Walk of Affirmations YOGA CLASS (still confirming) Walk the Gateway 7:00 p.m.	Throughout Gateway w/ strong focus in front of SRT Shop	SRT Flavored Lemonades will be featured.
WED, MAY 12	"I AM Light"	Children's MHA	Kindness Snippet Jar Sticks Snippets, A Story About Paper Shapes I'm Not Just A Scribble The Color Monster	SCHEDULED STORY TIME O 1:30 p.m. at SRT Shop O Backdrop/Picture O Kids Yoga Class? (still confirming)	SRT Shop	CONFIDENT the colorful taco.*
THUR, MAY 13	TACO 'BOUT ADDICTION	Addiction & Recovery through Fitness		FREE Workout Class by RECOVERY STRONG & Koa Kingdom (date/time being confirmed soon)	Landing in front of Megaplex Movie Theater Upstairs	Recovery Strong products featured in SRT Store, All profits going to Addiction & Recovery.
FRI, MAY 14	"colokFul confidence"	Children's MHA	Kindness Snippet Jar Sticks Snippets, A Story About Paper Shapes I'm Not Just A Scribble The Color Monster	SCHEDULED STORY TIME O 1:30 p.m. at SRT Shop O Backdrop/Picture O Outside Chalk Art O PAINTING of Hand to display in store. O Snippet Jar of Feelings Display O Backdrop/Picture	SRT Shop	DISCOVERY the Dragon Taco*  DYNAMIC the Dinosaur Taco*
FRDAY NIGHT, MAY 14	"Don't TACO to the hand, TACO to somebody!"  (90's Theme Night)	Suicide Prevention		Staff dress up all day in 90's.  Customers who dress up will put receipt with name & email into drawing bucket for chance to win a "giveaway basket"  Order the ALL THAT Taco & get FREE bag of chips	5:00 pm to close SRT Shop	ALL THAT Taco & a bag of chips (upgrade taco to the "ALL THAT & A BAG OF CHIPS PROMO FOR additional cost (price TBD), Proceeds donated to Children's Center of SLC.



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### WEEK THREE

DATE	DAILY THEME	FOCUS	STORY TIME BOOK TITLE MOVIE OR OTHER	ACTIVITIES	ACTIVITY LOCAITO N	PROMOTIONAL TACO
MON, MAY 17	"FIGHT NEGATIVES like a Ninja"	Children's MHA	Positive Ninja Anxious Ninja Brave Ninja	Boxing Bag	SRT Shop	NEVER GIVE UP Ninja Taco
MON, MAY 17 @7:00 pm	"Rollin' in to Rock the 70's" for MHA	MHA Everyone		Live Band, Spectrum @ 7:00-8:00 pm	SRT Shop, in front	Mind Your Potatoes the GROOVY Taco (feature UBE w/ 70's toppers)
TUE, MAY 18						
WED, MAY 19	"DYNAMIC as a Diagon & Dinosaur"	Children's MHA	Dino Breaks The Rules Grumpy Dinosaur The Angry Dragon A Dragon with ADHD	*read stories at Sweet Rolled Tacos 2-3 times per day (times TBD)	SRT Shop	DISCOVER the Dragon Taco DYNAMIC the Dinosaur Taco
THUR, MAY 20 @ 7:00 pm to 12:00 am MIDNIGHT	BLOCK PARTY @ RESTAURANT ROW  "POP THE STIGMA"	MHA Everyone	Soda Pop Head	DJ 7:00-10:00 p.m. Dancing SRT open until midnight. GAMES - w/ sponsors & prizes. Popcorn, Soda Pop, Bubblegum, Pop Rocks, Popcicles, Pop Tarts, Lollipops, Pop Music,	In front of SRT Shop, restaurant row.	Bubblegum Smoothie Poprocks Taco Soda Pop Taco
FRI, MAY 21	MOVIE NIGHT AT THE PLAZA	MHA Everyone	Featuring Disney/Pixar's  INSIDE OUT Movie at the Plaza, North end of the Gateway.  Time: Begins around 9:00 p.m. when dark outside.	SRT sponsored, Possibly on site TACO rolling.	North End of Gateway at Plaza	Emotions Taco Details TBD
SAT, MAY 22	"Ties Lo7 Guys"	Men's MHA		Staff dress up all day in sorts of fun TIES. Customers who dress up receive 1 FREE LEMONADE w/ order.	SRT Shop	Drawings to enter Men's Gift Basket

